



Faculty of Educational and Psychological Sciences

Department of Psychological and Educational Counseling

M.A Study Plan

Major : Psychological and Educational Counseling

Track: Thesis

Academic Year
2024/2025

Type of Program : **Blended**

Study Plan Credit hours (33)

Teaching Type	Percentage of study plan hours/number	Actual Ratio
Complete Online E-Learning	20% - 10% Maximum	% 18
Blended learning (for humanities)	60% - 40% Maximum	% 46
Blended learning (for scientific majors)	50% - 30% Maximum	
Face-to-face learning (for humanities)	20% Minimum	% 36
Face-to-face learning (for scientific majors)	30% Minimum	

Note: The learning types of the courses are disseminated at all academic levels in the program





Department Vision

Entrepreneurship and excellence in the quality of teaching and learning, scientific research, and community service locally and internationally

Department Mission

Preparing qualified, advanced, and capable human cadres cognitively, professionally, and ethically in the field of educational psychology, psychological and educational counseling, to meet community needs efficiently and effectively.

Program Mission

Preparing qualified and distinguished graduates to meet local and regional community needs, by a qualified cadre capable to cope with local and international criteria of e-learning inclusion.

Educational Program Objectives

1. Providing trained and professional human resources to offer Psychological and Educational Guidance services.
2. Providing local and regional community with specialists in Psychological and Educational Guidance to work in all educational, social, and medical institutions.
3. Developing the skills of scientific research, and encouraging conducting researches and studies.
4. Disseminating the culture of Psychological and Educational Guidance for all societies.

Educational Program Outcomes

1. Recognize counseling theories and their use in the various fields of psychological counseling.
2. Clarify the concepts linked with the guiding process, psychological adjustment, and psychological disorders.
3. Conduct research on the development of various counseling services.
4. Implement psychological counseling skills and techniques in counseling operations.
5. Employ the ethical and legal aspects in dealing with the counseling case.
6. Design collective and individual preventive, developmental, and therapeutic counseling programs for different age groups.



Plan Contents

First: The study plan for a master's degree consists of a major in Psychological and Educational Counseling consists of (33) credit hours disseminated as follows:

Track	Requisite Type	Credit Hours	Percent %
Thesis	Compulsory Major Requisite	18	55%
	Elective Major Requisite	6	18%
	Thesis	9	27%
Total		33	100%

Coding system approved by the University

1	0	4	X	0	0	x	x
College Code	Major Code		Knowledge domain	Course Level		Sequence	

Second: the Thesis Track

A. Compulsory Requisites (15) credit hours:

Teaching type			Course Number	Course Title	Credited Hours	Pre-Requisite
Online E-Learning	Blended	Face-to-Face				
		√	10310703	Research and Statistical Methods	3	
		√	10430701	Psychological Counseling Techniques and its Basic Skills	3	
√			10440701	Field Training in Counseling	3	
		√	10430702	Evaluation in Psychological and Educational Counseling	3	
		√	10420701	Psychological Counseling Theories	3	



√			10430703	Group Counseling	3	
Total					18	

B. Elective Requisites (6) credit hours chosen by the student from the following courses:

Teaching type			Course Number	Course Title	Credited Hours	Pre-Requisite
Online E-Learning	Blended	Face-to-Face				
	√		10430705	Advanced to Family Counseling	3	
	√		10430704	Career Counseling	3	
	√		10420704	Behavior Disorders	3	
	√		10450702	Family Reform	3	
	√		10420702	Psychological Counseling in the Stages of Development	3	
	√		10450705	Family Violence	3	
	√		10450704	counseling for Special Groups	3	
	√		10450701	Applied Research in Family Counseling	3	
	√		10420703	Personality and Adjustment	3	
Total					27	

C. Thesis:

Prerequisite	Credit Hours	Course Title	Course No.
	9	Thesis	10350701



Course Description

10310703 | Research and Statistical Methods (3 Credit Hours / Pre-requisite: -----):

Face-to-Face Learning

This course deals with introducing different research methods in psychological and educational sciences, preparing a research proposal, sampling methods, data collection tools, and employing statistical methods in testing hypotheses about: (arithmetic mean, variance, correlation coefficient, and ratio), in addition to using the statistical package for social sciences (SPSS) in data analysis, scientific writing of the research report, and documentation basics according to the American Psychological Association (APA) system.

10430701 | Psychological Counseling Techniques and its Basic Skills (3 Credit Hours /

Pre-requisite: -----): Face-to-Face Learning

This course deals with basic Technics and techniques, micro-counseling skills, effective interview skills, examination, and case management (attention, verbal and non-verbal behavior, good listening, listening, responding and respect, giving information, empathy, self-disclosure, effective communication, personal dynamics (the client's feelings and behavior in communication). Effective counseling relationship, setting therapeutic goals according to counseling theories and methods and applying them in a process with individuals, groups, and families, under the supervision of the teacher in realistic performance counseling situations.

10440701 | Field Training in Counseling (3 Credit Hours / Pre-requisite: -) Online E-Learning

This course deals with practical training on skills, techniques, and procedures derived from theoretical concepts in assessment, diagnosis, counseling, and treatment in the personal, professional, and educational fields. Skills necessary for preparing counseling and treatment plans, identifying community resources from supportive institutions, procedures for closing cases, following up and evaluating results.

10430702 | Evaluation in Psychological and Educational Counseling (3 Credit Hours / Pre-requisite: -----): Face-to-Face Learning

This course deals with the nature of psychological assessment and measurement, its objectives, types, and tools, basic statistical and psychometric concepts, the role of assessment in educational and psychological counseling in the case study, assessment of the dimensions of human behavior (cognitive, professional life, life and work planning, values, tendencies, personality and relationships between individuals). Communicating assessment results to the counselor and ethical issues in assessment.

10420701 | Psychological Counseling Theories (3 Credit Hours / Pre-requisite: -----):

Face-to-Face Learning

This course deals with defining the concept of theory, counseling theories and psychotherapy and their methods: emotional and behavioral rationality, cognitive behavior, social behavior, cognitive, realism, analytical, existential, gestalt, interactive, reciprocal, and summarized by focusing on the solution and structural narratives, systems and Eclectic and integrative, the application of methods of theories in the various fields of counseling.

10430703 | Group Counseling (3 Credit Hours / Pre-requisite: -----): Fully Online Learning

This course deals with the concept of group counseling and its basic elements, the emergence of the counseling group and its stages of development, and theories of group counseling (analytical, psychodrama, existential, person-centered therapy, gestalt, interactive reciprocal analysis, cognitive-behavioral theories, choice/realism, brief and focus on the solution, application of group counseling On children, teenagers, adults and the elderly.

10430705 | Advanced to Family Counseling (3 Credit Hours / Pre-requisite: -----): Blended Learning

This course deals with the concept of the family, its types and classification, factors of family change, normal family relations and their functions, pathological family relations, family systems in Jordan, the impact of social and economic change on tribal harmony in Jordan, assessment and diagnosis skills in family counseling according to theories of family counseling, an abnormal family case study.

10430704 | Career Counseling (3 Credit Hours / Pre-requisite: -----): Blended Learning

This course deals with the development of career counseling, internal and external factors in career choice, cognitive analytical theories of career counseling, professional growth, cognitive social learning and postmodern theories. Vocational counseling skills according to career counseling theories. Analyzing the requirements of different professions and career counseling strategy.

10420704| Behavior Disorders (3 Credit Hours / Pre-requisite: -----): Blended Learning

This course deals with behavior disorder and its characteristics, emotional and behavioral disorder in the life stages, how to measure and evaluate behavior disorders, different criteria for judging appropriate behavior, theories interpretations of behavior disorders, methods of intervention, and application to behavior disorder cases.

10450702 | Family Reform (3 Credit Hours / Pre-requisite: -----): Blended Learning

This course provides an understanding of family reform as an approach to help families effectively address issues related to separation and divorce. It covers theories and techniques of negotiation and counseling, skills of a family mediator, and family reform in the Family Court of Jordan, with a focus on custody, division of property, and restructuring family relationships. It also includes a simulation of family mediation based on the standards of the Jordanian judiciary.

10420702 | Psychological Counseling in the Stages of Development (3 Credit Hours / Pre-requisite: -----): Blended Learning

This course deals with the characteristics of growth through life stages, the impact of genetics and environment on growth in life stages, parental care and developmental problems for each stage of an individual's life development: pregnancy and birth, early childhood, adolescence, Adults and the elderly, children with special needs, families at risk, death, and bereavement, and appropriate counseling services to deal with the problems and crises of those stages to achieve mental health.

10450705 | Family Violence 3 Credit Hours / Pre-requisite: -----): Blended Learning

This course introduces the different forms of domestic violence: physical abuse of children, sibling abuse, pre-marital violence, marital abuse, elderly abuse, and their social implications. It analyzes strategies for intervention and prevention, evaluates these strategies, and applies service methods for survivors, victims, and perpetrators of domestic violence at both the family and community levels. The course also covers the development of relevant programs for these issues.

10450704 | counseling for Special Groups (3 Credit Hours / Pre-requisite: -----): Blended Learning

This course focuses on the concept of counseling for special groups and its goals. It examines the psychological, social, and behavioral effects experienced by special populations such as the elderly, individuals with addictions, orphans, children of divorced parents, alcoholics, cancer patients, families of people with disabilities, gifted individuals, and others. The course explains these issues through the lens of counseling

theories and utilizes this knowledge in designing counseling programs and sessions for these groups.

10450701 | Applied Research in Family Counseling (3 Credit Hours / Pre-requisite: -----
-----): Blended Learning

This course involves preparing a small-scale or exploratory research project in the field of family counseling. Students are required to prepare a report following scientific research steps, with a study length of at least 10,000 words. The focus is on conducting original research and applying it to family counseling practices.

10420703 | Personality and Adaptation, (Credit Hours 3/ prerequisite -----):blended Learning.

This course deals with personality, its traits and its constituent elements, normal and abnormal personality, personality determinants, theories of personality interpretation and mental health and methods of measuring them. Individual differences in personality, adaptation and its areas and mechanisms, adaptation theories, and the relationship between different aspects of personality and adaptation and mental health.