

Date 19/10/2021

Bahjat Abdul Majeed Abu
Sulaiman



PERSONAL INFORMATION

Title: Faculty member

Academic Rank: Associate Professor

Date & Place of Birth: 5/9/1975 - Rusaifa

Nationality: Jordanian

Address: Amman - Abu Nseir - behind the Naval Academy

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ACADEMIC QUALIFICATIONS

Degree	Major	Duration (From-To)	University	Country
Ph.D	Educational & Psychological Counseling	3	The University of Jordan	Jordan
M.Ed	Educational & Psychological Counseling	3	Yarmouk University	Jordan
B.Ed	Class Teacher	4	Education Science Faculty	Jordan

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TEACHING EXPERIENCE

Duration	Rank	Institution	Department/Faculty	Country
To now	Associate Professor	Amman Arab University	Psychological Counseling/ Educational & Psychological sciences	Jordan
1 Year	Associate Professor	Qassim University	Counseling/Deanship of Educational Services	KSA
10 Years	Assistant Professor	Qassim University	Counseling/Deanship of Educational Services	KSA
1 Year Part Time	Assistant Professor	Buraydah Private Colleges	Special Education/Humanities	KSA
3 Year Part Time	Assistant Professor	Faculty of Basic Education	Psychology/Education	Kuwait
3 Year	Head of the Counseling Department	Dasman School (American International)	Counseling	Kuwait
1 Year Part Time	Training and Development Manager	Al Jarrah Cultural Center	Training and Development	Dubai
1 Year	Educational Counselor	School of Scientific Research	Counseling	Dubai
3 Year	part-time lecturer	The University of Jordan	Counseling and Special Education/Education	Jordan
3 Year	Educational Counselor	The Ministry of Education	Counseling	Jordan
1 Year	Educational Counselor	Saad National Schools (British)	Counseling	KSA

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4 Year part-time lecturer The University of Jordan Counseling and Special Education/Education Jordan

OTHER EXPERIENCE

PUBLICATIONS

JOURNALS

Author/s (In Order)	Title	Journal	Vol./No.	Publication Date
Abu Sulaiman, Bahjat Abdul Majeed	The effect of a brief training program in acquiring the basic concepts of student counseling among a sample of staff members at Qassim University	Journal of Educational and Psychological Sciences. Gaza - Palestine..	3 (31). Dec. 82-95	2019
Abu Sulaiman, Bahjat Abdul Majeed	The Effect of a Brief Training Program in Developing Career Awareness among a Sample of Students at Qassim University	Journal of Arts, Literature, Humanities and Social Sciences - Emirates College of Educational Sciences. Dubai, United Arab Emirates.	45 Nov 356-371	2019

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Abu Sulaiman, Bahjat Abdul Majeed	Effectiveness of a Training Program in Improving the Level of University Adaptation Among a Sample of Students of Qassim University.	Journal of American Academic Research. USA.	7 (1) Mar 65-74	2019
Abu Sulaiman, Bahjat A., & Fatayeri, Sami	The Factors & Reasons Which Lead To Smoke From The Points Of View In A Sample Of Preparatory Year Program Students At Qassim University.	Journal of Education for Educational, Psychological and Social Research. Al - Azhar University Egypt	1 (173) April 499-534.	2017
Balawi, Munther & Abu Sulaiman, Bahjat	The Effectiveness of Reflective Thinking Training Program” in The Learning Motivation of Qassim University Preparatory Year Program Male Students. KSA.	Arab Journal of Excellence Development. University of Science and Technology - Yemen.	6 (10) 29-50	2015
Abu Sulaiman, Bahjat & Balawi, Munther	The Effectiveness of A Self-Control Training Program In The Reduction of Stress In A Sample of Secondary Students	Journal of Educational Sciences. Qatar University	(3) Nov 117-142	2003

CONFERENCES

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Author/s (In Order)	Title	Conference	Country	Date
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Member of the scientific committee	Attending	The Second International Conference of Disability and Rehabilitation Experts	Saudi Arabia / Unaizah Qassim	4-6/3/2014
Bahjat Abu Sulaiman	Test Anxiety	PEAK CONFERENCE. Professional Development	Universal American School	8/11/2008

BOOKS

Author/s (In Order)	Title	Publisher	Edition	Date
Bahjat Abdul Majeed Abu Sulaiman	Principles of Guidance and Counseling	Dar Al Nadwa Press - Buraydah	2	2018
Abu Sulaiman, Bahjat & Salamah, Hesham	Translation of the book: "It's Time to Restructure the Classroom"	Not yet published		-

MEMBERSHIPS OF SCIENTIFIC AND PROFESSIONAL SOCIETIES

- Member of the Jordanian Psychological Association. (1998-now).
 - Member of the Guides Network in Kuwait. (2007- 2010).
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UNIVERSITY COMMITTEES

- Scientific Research Council.
- Postgraduate Studies Committee
- Promotion Committee
- Website Committee
- Library Committee
- e-learning committee
- Quality Assurance Committee
- Student Affairs Committee
- Field Training Committee
- Faculty Training and Development Committee

WORKSHOPS ATTENDED

- The e-learning system and the preparation of electronic exams. Amman Arab University (2021).
- Create an account on Google Scholar and Research Gate. Amman Arab University (2021).
- Check for retrieval through the program (Turnitin) and other programs. Amman Arab University (2021).
- Kaizen course (continuous improvement of the performance of educational institutions through the application of the Japanese methodology "Kaizen"). (2017).
- Course (4MAT) (Natural Learning Circle (Teacher Training)). From the American company (About Learning) Qassim University. (2014)
- Trainer of Trainers course (TOT: Trainer of Trainers) (2012). Qussaim university .
- Effective university teaching planning. Qassim University (2011).
- The personal effectiveness of the faculty member (1+2). Qassim University (2011/2012).
- Applications of the (SPSS) program in scientific research - Qassim University (2011).
- Preparing research templates electronically - Qassim University (2011).
- Advanced English Language Courses (Dynamics and Communication) - Kuwait (282009).
- Behavior and class management. - Kuwait (2009).
- Harnessing and using the creative process. - Kuwait (2009).
- Two-time outstanding students. Kuwait (2009).
- The importance of teaching life skills. The American University in Kuwait. (2007).
- Childhood depression. The American University in Kuwait. (2007).
- Neuro Linguistic Programming (NLP). Jordan (2006).
- English Language (TOEFL). - Jordan (2005).
- International License to Use a Computer. Jordan (ICDL) (2005).
- Leadership and self-development. Productivity Enhancement Center: Irada. Jordan (2004).
- Creativity and thinking skills. Productivity Enhancement Center: Irada. Jordan (2004).
- Participation and youth development. (20) credit hours. Jordan (2004/2005).

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- Early childhood and parenting course. (UN). (2004-). (2003 .)
 - Advanced courses in teaching and mental abilities. Saudi Arabia - Khobar. (2002-. (2003 .)
 - Teacher preparation course in the Ministry of Education for a year. Jordan (1999/2000) for one year.
 - The initial course of leaders in the roving. Jordan (YMCA) (UN) (1997).

WORKSHOPS OFFERED

- A workshop for the directors of departments at the university on continuous improvement "Kaizen". Deanship of Scientific Research. (2019).
- Evaluator of the Al-Rass Award for Excellence in Governmental Performance. (2017-2019).
- A lecture entitled "International Human Rights Day" at the Faculty of Sharia. (2018).
- Time management course. Family Charity Association. (2015).
- Providing an educational awareness program - the violence reduction program "Rifaq". Which aims to spread the meanings of kindness, compassion and tolerance in society, the family and the school. Hamza bin Habib Al Kufi Elementary School - Oyoum Al Jawa Governorate. (2015).
- Holding several workshops and training courses in Qassim Chamber. (Administrative leadership, team building skills). (2014-2017).
- Educational meeting "Techniques of Observation in Counseling". Education Administration. Alrass. (2014).
- Workshop entitled "University Adaptation Skills". It is given to students on the first school day from the beginning of each semester (2013 - until now).
- A workshop entitled "Bad Study Habits". It is given to students two weeks after the beginning of each semester (2013-present).
- Workshop entitled "Test Anxiety". It is given to students at the beginning of the middle of each semester (2013-present).
- Educational meeting "Case Study in Counseling". Education Administration. Alrass. (2013).

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- A workshop entitled "Basics of raising children on an educational curriculum". Buraydah Private Colleges. (2012-2013).
 - Workshops on university counseling for faculty members. Deanship of Educational Services. (2011-now).
 - Providing many training courses and workshops (university counseling skills, formats, scientific research skills, ...) at the Deanship of University Development and Capacity Development Center for more than nine years (2011 - now).
 - Participation in Al-Hussein camps for work and construction (National Youth Strategy Programs). Supreme Council of Youth. pavement. (2006).
 - Participation in the human rights educational session. Amman Center for Human Rights Studies. (2007-2004).
 - Participation in the first cultural development week, "A working society ... a safe society". Directorate of Social Development. pavement. (2004).
 - Participation in training sessions on "Entrepreneurship and Self-Development". The Ministry of Planning and International Cooperation. Jordan. (2004).
 - Participation in training sessions on "Creativity and Innovation Skills". The Ministry of Planning and International Cooperation. Jordan. (2004).

RESEARCH INTERESTS

- Psychological and educational counseling
- Children and adolescence
- career counseling
- Stress

LANGUAGES

Arabic: mother tongue

English: fluent

OTHER COMMUNITY ACTIVITIES

- Professional specialist: the Jordanian Ministry of Health. (2018).
- Part-time psychologist at a number of psychotherapy centers (2015 - now).
- Counselor for Guidance and Leaders Affairs at a number of internal and external bodies and centers. (2008- now).
- International trainer certified by a number of internal and external bodies (SBTC, ...). (2014- now).
- Holding many workshops, training courses and lectures for students, faculty members, schools and members of the local community in a number of Universities and the local community in many countries (Malaysia, Jordan, UAE, Kuwait, Saudi Arabia) - (2001- now).
- Guest speaker on the family program (FM radio) (Life of Jordan) (2002).

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- Permanent guest every Tuesday in a program with the family: Kuwait Radio (Kuwait FM) (2007-2010).
- Member of the Jordanian Psychological Association. (1998-now).
- Member of the Guides Network in Kuwait. (2007- 2010).

AWARDS RECEIVED

GRADUATE STUDENTS SUPERVISION

Student Name

Thesis Title

REFERENCES

Name	Work	E-mail	Mobile
Dr. Nazih Hamdi	Professor of Psychological Counseling (retired)	nazhamdi@ju.edu.jo	00962775471056
Dr. Zuhair Zakaria	WHO advisor	zuhair_zakaria@abs.edu.jo	00962789210014
Dr. Saif Zuraiqi	Headquarter-UN	jobs@exxab.com	00962796222289