COUNSELING NEEDS OF HEARING DISABLED SPOUSES AND ITS RELATIONSHIP WITH THEIR PSYCHOLOGICAL ADAPTATION

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ABSTRACT

The current study aimed at identifying the counseling needs for hearing disabled spouses and its relationship with their psychological adaptation. A correlational descriptive method was used. The study population consisted of 30 hearing disabled husband/ wife affiliated with the deaf society in Marka for the year 2016/2017. The Counseling Needs Questionnaire was developed. Results indicate that the counseling needs of spouses with hearing disability were medium. In addition, results show that the level of psychological adaptation was medium on all aspects and that there was a significant negative correlation between aspects of psychological adaptation and counseling needs. Results also indicate significant differences in the needs for family counseling in favor of wives more than their husbands. Furthermore, results reveal that there are differences in the level of psychological adaptation in favor of females on all aspects except for the social aspect. Researchers recommend conducting further research about counseling needs and its relationship with mental health for spouses with hearing disability. Keywords: Spouses with hearing disability; counseling needs; psychological adjustment.