

Date: 27-04-2025

CURRICULUM VITAE



PERSONAL INFORMATION

Faculty Member Name: Zekrayat Jawad Merds
Academic Rank: Assistant Professor
College: College of Applied Medical Sciences
Department: College of Applied Medical Sciences
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ACADEMIC QUALIFICATIONS

Degree	Major	Duration	University	Country
Ph.D. in Pharmaceutical Sciences	Pharmacology & Toxicology	2019 -2023	Suez Canal University	Egypt
M.Sc. in Pharmaceutical Sciences	Department Drugs and Toxicology	2012 - 2017	Suez Canal University	Egypt
BS in Pharmacy	Pharmacy	2006 - 2010	Zaytouna University	Jordan

EXPERIENCE

Title	Department	Duration
Member of Student Council	Faculty of Pharmacy, Zaytouna University	From 2008 to 2009
President of Kuwaiti Women's Association	Cultural Office of the Kuwaiti Embassy in Jordan	From 2008 to 2010
BAYAN HEALTH CLINIC	MOH	2002- 2010
PHARMASIST Higher HEALTH CLINIC		2010-2012
Pharmacy Director of Salmiya Western Health Clinic	Hawalli Health area	From 23/11/2012 to 19/4/2014
Pharmacy Director of Sabah Al-Salem Southern Health Clinic	Hawalli Health area	From 20/04/2014 to 25/11/2015
Pharmacy Director of Al-Shuhadaa Health Clinic	Hawalli Health area	From 25/11/2015 to 1/07/2017
Pharmacy Director of Hawalli Western Health Clinic	Hawalli Health area	1/07/2017 -2020
SOUTH SOBAH ALSALEM HEALTH CLINIC	Hawalli Health area	2020 TILL NOW

SCIENTIFIC AND PROFESSIONAL SOCIETIES

Kuwait Pharmaceutical Association

CONFERENCE

Conference Title	Country	Date
13th Jordan Pharmaceutical Conference "Pharmacy Innovation and Excellence" in Amman	Jordan	From 22 to 24 April 2010
(KIPC) Pharmacist at Kuwait University	Kuwait	From 4 to 6 February 2013
Dubai International Pharmaceutical and Technology Fair (DUPHAT2013)	United Arab Emirates	From 10 to 12 March 2013
Conference against counterfeiting and counterfeiting	Kuwait	From 27 to 28 November 2013

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The IDF Diabetes Education Course For healthcare Professionals	Kuwait	18 to 22 January 2015
Dubai International Pharmaceutical and Technology Fair (DUPHAT2016)	United Arab Emirates	From 15 to 17 March 2016
(Drugs, Addiction and Treatment: at a glance) at the College of Pharmacy	Kuwait	2016
Student conference Experiences	Kuwait	2017
Kuwait Quality Conference in Healthcare	Kuwait	From 13 - 15 March 2017
Kuwait derma update and laser symposium	Kuwait	2017
Periorbital area management workshop	Kuwait	May 2017
Hands on Botox 2 workshop	Kuwait	May 2017
Sharm Derma Conference	Cairo	26-28 October 2017
Sharm Derma Conference	Sharm Elsheikh	29-30 October 2017
Organization of addiction and treatment conference	Kuwait	From 18 to 20 February 2017
Canities : Causes and possible Treatments	Kuwait	6 January 2019
Evidence Based Approach to reduce CV risk: Lowering lipids or improving Outcomes	Kuwait	25 April 2019
1 st Kuwait Immunodermatology Update	Kuwait	From 27 to 28 September 2022
2 nd Kuwait Immunodermatology Update	Kuwait	15 May 2023
3 rd Joint Immunology Diseases Summit 2023	Kuwait	From 26 to 27 May 2023
Member of the media office of the ministry of health	Kuwait	2017-2020
Member of health service development committee	Kuwait	15/7/2013- 2017
Member of pharmacist association	Kuwait	2010 till now
Public relations officer of Drug addiction causes and treatment	Kuwait	June 2016-february 2017
Lecturer on (Be strong) Campaign for cancer patients	Kuwait	1/2019- 6/2020
Lecturer in Oman embassy on Skin care awareness	Kuwait	5/2019
Founder and presenter of (Zekrayat's Medical Advices show)	Dubai	2018-2019

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Strategic planning in 25 health clinics in Hawally area and Preparing scientific information and arranging medical brochures in MOH	Kuwait	2013
Participating in Annual elderly care	Kuwait	2017-2018
Participating in dermatology conference	China	April 2017
Hands on Filler and Botox Mareli Medical company	Sweden	2016
Diabetic foot conference	Turkey	2017
Participating in Healthy and beauty exhibition	Kuwait	2014
Campaign for Covid-19 awareness for Parents	Kuwait	2022
Beauty and Health exhibition	Turkey	2022
Participating Fasting program show for chronic patients	Kuwait	2016-2019
Poster presentation at Young Researchers conference	Suez Canal university, Egypt	2017
SEMA SUMMMIT CONNFERENCE	Kuwait	5/2024
Speaker for Leader company	Kuwait	2018
Participating in Freedom from addiction campaign	Kuwait	4/2024
Regulatory Affairs and Pharmacovigilance for Narcotic Drugs	Jordan	4/2025

PUBLICATIONS

Authors	Title	Journal	Publication Date
Zekrayat J.H. Medras , Yaseser Mostafa , Amal Ahmed , Norhan M. el-Sayed	Glutamine up-regulates pancreatic sodium-dependent neutral aminoacid transporter-2 and mitigates islets apoptosis in diabetic rats	SPRINGER LINK	25 October 2017
Zekrayat J.H. Medras , Yaseser Mostafa , Amal Ahmed , Norhan M. el-Sayed	The emerging role of autophagy in the pathophysiology of diabetic neuropathy	Records Of Pharmaceutical and Biomedical Sciences	April 2022

دائرة الموارد البشرية
Human Resources Department

Zekrayat J.H. Medras , Yaseser M. Mostafa , Amal A. M.Ahmed , Norhan M. el-Sayed	Arctigenin improves neuropathy via ameliorating apoptosis and modulating autophagy in Streptozotocin-induced diabetic mice	WILEY online	11 May 2023
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INSTITUTIONAL PROFESSIONAL DEVELOPMENT ACTIVITIES

Course	Institution	Country	Date
Clinical Pharmacy	Al Israa Hospital (ICIA ACCREDITATION) in Amman	Jordan	From 28/2/2010 to 8/5/2010
Kuwait Drug reporting system	Al Khalidiya Health Clinic M.O.H	Kuwait	2013
Quality & Qmentum Accreditation for pharmacist	Dar Al-Shifa Hospital	Kuwait	2013
(IDF) shadowing	Dasman Diabetes Institute	Kuwait	from 18 to 22 January 2015
Quality Management, Recognition and Training Workshops " (Risk Management	M.O.H	Kuwait	12-14 May 2015
Dermal fillers, eyebrows, forehead, nasolabial, glabella and marionette lines	M.O.H	Kuwait	24 October 2016
Lips, jawline and chin dermal fillers	M.O.H	Kuwait	11 November 2016
Publication of a guidance booklet on the safety factor of drugs during pregnancy	M.O.H	Kuwait	2017

RESEARCH LINK

<https://www.scopus.com/authid/detail.uri?authorId=57200689341>

OTHER EXPERIENCE

- Attend several special courses and organize conferences and other volunteer work 2013.
- Organizing many lectures for doctors in all specialties with the presence of consultants from all over Kuwait from 2013 to 2017.
- The introduction of paragraphs to guide the awareness of patients in all means of social communication from 2015 to 2017, based on the mandate of the Office of Public Relations, and the Media Office in the Ministry of Health recently
- Issuing a guidance leaflet on the validity of some pharmaceutical preparations in pharmaceutical manufacturing units in pharmacies of health centers. Issuing a prospectus on the validity of some pharmaceutical preparations in pharmaceutical manufacturing units in pharmacies of health centers. Issuing a shelf prospectus.
- Participated in the Certificate of Attendance Conference for the Hawalli Health Region
- Preparation of a general guidance booklet for diabetics expected to be published in September ▪ Member of the Committee of Quality and Recognition 2015
- Member of the Committee for the development of performance for the Hawalli Health Region to train doctors in the region 2012 to date
- Member of the Hawalli Health Team from 2013 to 2017
- Head of public relations for a conscious campaign of drugs under the umbrella of the Pharmaceutical Association 2016-2017
- Member of the Pharmacy Policy Determination Team 2017-2018.